**Primary care pathway for Palpitations**

No red flags

Red flags

**High risk Refer to cardiology urgently**

* Palpitations during exercise
* Palpitation with (near) syncope
* High risk of structural heart disease
* Family history of inheritable heart disease / SADS
* High degree (≥ 2°) of AV block

**Increased risk Refer to cardiology**

* History suggest recurrent tachyarrhythmia
* Palpitation with associated symptoms **AND/OR**
* Abnormal ECG **AND/OR**
* Structural heart disease

Refer to cardiology (“soon”)

See AF pathway

Ambulatory ECG

Refer to specialist

Reassure

Lifestyle advice Caffeine + Alcohol

AF, chronic or paroxysmal

Sinus tachycardia or ectopic beats

Unknown

Paroxysmal SVT

NO

**High Risk Features**

* History of Ischaemic Heart Disease
* Family history of sudden cardiac death < 40yrs
* Resting ECG abnormality
  + Excluding 1° heart block, RBBB
  + Check for pre-excitation, LBBB, prolonged QT interval and Q waves

**Low risk Manage in primary care**

* Skipped beats
* Thumping beats
* Short fluttering
* Slow pounding **AND**
* Normal ECG **AND**
* No family history **AND**
* No structural heart disease

**GP assessment**

* History, PMH, medication and examination
* Risk factors for heart disease
* Investigations
  + Full Blood Count
  + Thyroid Function Tests
  + Pulse and blood pressure
  + 12 lead ECG

YES

**Immediate hospital referral or presentation at emergency department**

Haemodynamically unstable